She is a Princess * He is a Prince NOT A PRODUCT Educator Guide

If you ever suspect trafficking, call: the National Trafficking Hotline: **1.888.3737.888** Mirror Ministries 24-hour Sex Trafficking Hotline: **1.509.212.9995**

Be approachable on tough subjects

Would you feel comfortable talking to your students if they opened up to you about something sensitive? It's not always easy to maintain a safe space, but your students need to know there is an open invitation to talk about anything they're experiencing without fear of judgment. Have a plan for this type of subject, like going with the student to the school counselor.

Support and guide parents

For many parents, sexuality is a scary subject and technology is confusing, which makes navigating adolescence even tougher than it used to be. Many parents expect schools to teach kids about sex, while other parents are cautious, especially with young students. But young students are the very ones whose exploitation can be prevented by early awareness and education.

Help parents understand the need to talk with even young children about healthy sexuality, pornography, sexual abuse, and sexual exploitation. These may not be topics you address directly in your class, but if you are educating and supporting parents, you will help protect your students,

Know the red flags

Grooming for trafficking can be masked in everyday conversations and exploits an individual's normal needs and desires. Signs to look for include the following:

- The sudden presence of an older boyfriend/girlfriend
- The sudden addition of a lot of new stuff or the appearance that a lot of money has been spent on them (e.g., new clothes, new hair styles, manicures/pedicures)
- Being secretive about who they are talking to or meeting
- Becoming more and more isolated from their regular friends (the groomer often does this to have as much control as possible over the child)
- Unexplained changes in behavior, temperament, or personality (e.g., chaotic, aggressive, sexual, mood swings)



Resources for Educators

Learn about sex trafficking in the Tri-Cities:

www.mirror-ministries.org

Discuss and teach healthy sexuality:

www.educateempowerkids.org

Learn Internet safety:

www.enough.org

Learn innovative, non-fearful safety programs for parents and kids:

www.safelyeverafter.com

Learn about the connection between port and sex trafficking, get resources to help a child with a porn addiction and more:

www.fightthenewdrug.org

Download an in-depth parent's guide to sex trafficking and learn the warning signs:

www.love146.org/caregivers

Keep up with the latest technology fads and apps:

iparent.tv

10 Play It Safe Rules for Kids and Adults

- 1. I AM THE BOSS OF MY BODY!
- 2. I know my Name, Address, and Phone Number, and my parents' names too.
- 3. Safe Grownups Don't Ask Kids for Help!! (They go to other grownups if the need help.)
- 4. I never go ANYWHERE or take ANYTHING from someone I don't know.
- 5. I must "CHECK FIRST" with my safe-smarts grownup for permission before I go anywhere, change my plans, or get into a car, even if it is with some I know. If I can't check first, then the answer is no.
- 6. Everybody's bathing suit areas are private.
- 7. I don't have to be POLITE, if someone makes me feel scared or uncomfortable. It's okay to say NO...even to a grownup, if I have to.
- 8. I don't keep SECRETS...especially if they make me feel scared or uneasy. (No adult should tell a child to keep a secret.)
- 9. If I ever get LOST in a public place, I can FREEZE AND YELL or go to a Mom with Kids and ask for help.
- 10. I will always pay attention to my Special Inner Voice, especially if I get an "uh-oh" feeling.

Youth have dignity and worth. Model kindness and courage.